

PLEASE SPECIFY VEGAN WHEN YOU ORDER
as some dishes are variations of main menu items

BRUNCH

Served all day

Vegan Breakfast 7.95

Falafel, vegan bacon, hash browns, baked beans, slow-roasted tomato, button mushrooms, spinach & red peppers and toast

Vegan Avocado Brunch 7.45

with lime, chilli, coriander and tomato on toasted ciabatta

Vegan Bacon Butty 4.95

Vegan bacon on white or brown bread

Vegan Toast 2.50

Two slices of white or brown toast with vegan spread and jam or marmalade or Marmite

Rise & shine!



BREAKFAST CLUB

Mon-Fri until 12pm

Vegan Breakfast with a nice cup of tea or filter coffee 7.95

EXTRAS...

- Avocado 2.25
- Falafel 1.95
- Button Mushrooms 1.40
- Fried Red Onion 70p
- Slice of Toast 1.10
- Hash Brown 1.10
- Guacamole 90p
- Spinach 1.10
- Vegan Smoked Gouda Cheese 1.10
- Vegan Bacon 1.10

SOUP OF THE DAY

with warm ciabatta 4.75



n contains nuts

SANDWICHES

Served with vegan house slaw

Add fries 1.65 Add sweet potato fries 2.75

Vegan Falafel & Avocado Wrap 7.75

with hummus, guacamole, pickled red onion slaw and roasted red pepper sauce

Vegan Roasted Sweet Potato Burrito 7.95

with black beans, guacamole, spicy chipotle rice, lettuce and tomato & chilli salsa

Vegan BLT 7.95

Vegan bacon, lettuce, tomato and roasted garlic vegan mayo on white or brown bread

CHEEKY MONDAYS

From 5pm

Buy any burger or main and get a glass (175ml) of house wine* or any pudding for free!

*other drink options available

MAINS

Vegan Falafel Salad 8.25

with roasted sweet potato, wood-roasted peppers, black quinoa, hummus, mixed leaves, French vinaigrette dressing, coriander and pomegranate molasses

Vegan Bombay Sweet Potato & Lentil Curry 9.95

Spiced coconut curry sauce with roasted sweet potatoes, lentils and fried potatoes served with lime & coriander rice, spring onion and red chilli

Vegan Mexican Superbowl 8.25

Black beans, guacamole, roasted sweet potato with pomegranate molasses, lime & coriander rice, wild rocket and tomato & chilli salsa

Vegan Beyond Cheese Burger 11.95

Plant-based burger patty from Beyond Meat, with lettuce, tomato, pickled red onion, vegan smoked gouda cheese and vegan chipotle mayo in a brioche style bun, with vegan house slaw & fries or salad

Vegan Moving Mountains Hot Dog 11.95

Jumbo plant-based hot dog with vegan smoked gouda cheese, crispy fried onion, gherkin, tomato, pickled red onion, American mustard and red pepper ketchup in a brioche style roll, with vegan house slaw & fries or salad

Vegan Maple Roasted Vegetable Pie 12.95

An open pie with leeks, roasted carrots, parsnips and sprouts in a creamy plant-based sauce served with sweet potato mash, watercress and gravy



TAPAS

SINGLE PLATE 4.25

TAPAS BOARD 10.95

Your choice of 3, served with ciabatta

Vegan Patatas Bravas

with roasted garlic vegan mayo

Vegan Guacamole

with extra virgin olive oil, coriander and smoked paprika, served with ciabatta

Vegan Roasted Sweet Potato Taco

A soft tortilla with guacamole, lettuce, pickled red onion, red pepper ketchup, black beans and coriander

Vegan Hummus

with extra virgin olive oil and sumac, served with ciabatta

TAPAS TUESDAYS

From 5pm

3 tapas dishes and a glass (175ml) of house wine* 10.95



*other drink options available

SIDES

Ciabatta 1.75

with olive oil and balsamic

Fries 2.40

Sweet Potato Fries 3.50

Spicy Veggie Rice 2.75

with edamame beans, red pepper and red onion

Tenderstem Broccoli 2.95

with chilli & garlic

Vegan House Slaw 2.65

CAKES

Dark Chocolate & Orange Torte 3.50

Fruity Flapjack 2.25

Carrot Cake n 3.50

FROM OUR LOUNGE TO YOUR LOUNGE...

Our menu is now available to takeaway

ORDER AND PAY

No need to download an app, you can order and pay by scanning the QR code on the postcard at your table. Just place your order then check out using credit card, Apple, Google or Paypal.

We are happy to help if you want to remove or substitute any ingredients, and if you don't want to use the app for any reason we'll take your order in person.

TEST AND TRACE

If you haven't done so already we'd be grateful if you could scan the NHS Test and Trace QR code (on the poster at the entrance) or fill in a paper form if you prefer.



ALLERGIES

If you have an allergy please let us know and our manager will take your order personally.

Our Allergen Matrix is available on our website and can be accessed through the QR code on your table. It shows which of the 14 legally declarable allergens are contained in every dish on our menu. Because our recipes sometimes change it is important you let us know about any allergies every time you order. Though we recommend that you check the Matrix yourself our team will always be happy to advise, particularly if your allergy is not covered.

We have strict procedures in place for taking and preparing allergen orders but you should be aware that allergenic ingredients are present on our premises and those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.