

# GLUTEN FREE

PLEASE SPECIFY GLUTEN FREE WHEN YOU ORDER  
as some dishes are variations of main menu items

## BRUNCH *Served all day*

All our eggs are free-range

### GF Lounge Breakfast 8.95

Smoked back bacon, gluten free Cumberland sausage, hash browns, baked beans, slow-roasted tomato, button mushrooms, fried egg and a toasted gluten free roll

### GF Veggie Breakfast v 8.95

Cheddar & sweetcorn fritters, hash browns, baked beans, slow-roasted tomato, button mushrooms, spinach & red peppers, fried egg and a toasted gluten free roll

### GF Big Lounge Breakfast 12.95

Smoked back bacon, gluten free Cumberland sausages, hash browns, baked beans, slow-roasted tomato, button mushrooms, two fried eggs and a toasted gluten free roll

### GF Brooklyn Brunch v 10.95

Two poached eggs, spicy black beans, spinach and guacamole on a toasted gluten free roll with roasted cherry tomatoes and grilled halloumi

### GF Lounge Eggs

Two poached eggs served with hollandaise on a toasted gluten free roll with...

- Smoked Back Bacon 7.50
- Button Mushrooms v 7.50
- Wilted Spinach v 7.50
- Chorizo, Peppers & Guacamole 7.95
- Smoked Salmon 9.95

### GF Avocado Brunch v 8.95

with lime, chilli, coriander and tomato on a toasted gluten free roll, topped with a poached egg

### GF Breakfast Muffin 6.25

Gluten free Cumberland sausage, smoked back bacon and a fried egg on a toasted gluten free roll

### GF Bacon or Sausage Butty 4.95

Smoked bacon or gluten free Cumberland sausage on a gluten free roll

## EXTRAS...

- Fried or Poached Egg v 85p
- Smoked Back or Streaky Bacon 1.95
- Avocado v 2.25
- Spinach v 1.10
- Halloumi v 1.95
- Falafel v 1.95
- Button Mushrooms v 1.40
- GF Roll v 1.65
- Hash Browns v 1.10
- Cheddar & Sweetcorn Fritters v 2.15
- GF Cumberland Sausage 1.65
- Chorizo 1.40
- American Cheese v 90p
- Buttermilk Fried Chicken 2.75
- Guacamole v 90p
- Mature Cheddar v 90p
- Fried Red Onion v 70p

Rise & shine!



## BREAKFAST CLUB

Mon-Fri until 12pm

Lounge or Veggie Breakfast with a nice cup of tea or filter coffee 8.95

## SANDWICHES

Served with house slaw

Add fries 1.65 Add sweet potato fries 2.75

### GF Twisted Chicken Club Sandwich 8.95

Buttermilk fried chicken, smoked streaky bacon, mature cheddar, guacamole, tomato, spinach and chipotle mayo in a gluten free roll

### GF Falafel & Avocado Sandwich v 8.75

with hummus, guacamole, pickled red onion slaw and roasted red pepper sauce  
Add halloumi 1.95

## SALADS

with a dressing of your choice...

- Balsamic & Honey • Chilli & Lime

### GF Grilled Halloumi & Falafel v 9.50

with roasted sweet potato, wood-roasted peppers, black quinoa, hummus, mixed leaves, coriander and pomegranate molasses

### GF Chicken, Bacon & Avocado 9.50

Buttermilk chicken, smoked streaky bacon, avocado, red onion, mixed leaves and cherry tomatoes, topped with toasted seeds and parmesan

## SOUP OF THE DAY

with a gluten free roll and butter 5.20



## MAINS

### GF Buttermilk Fried Chicken 9.95

Lightly spiced crumbed chicken breast served with chipotle mayo, house slaw and fries

### GF Bombay Sweet Potato & Lentil Curry v 9.95

Spiced coconut curry sauce with roasted sweet potatoes, lentils and fried potatoes served with lime & coriander rice, spring onion and red chilli

### GF Mexican Superbowl v 8.25

Black beans, guacamole, roasted sweet potato with pomegranate molasses, lime & coriander rice, wild rocket and tomato & chilli salsa

Add chorizo or halloumi v 2.75

### GF Tin Pan Louie Beef Chilli 9.75

Slow-cooked American-style chunky beef chilli served with lime & coriander rice, sour cream and mature cheddar

Add jalapeños 90p

## BURGERS

Served in a gluten free bun with house slaw & fries or salad

Upgrade to sweet potato fries 1.10

### GF Lounge Burger 9.95

6oz beef patty, lettuce, tomato, red onion, gherkin and burger sauce

### GF Lounge Bacon Cheeseburger 11.95

6oz beef patty, lettuce, tomato, red onion, gherkin, American cheese, smoked streaky bacon and burger sauce

### GF Halloumi Burger v 9.75

Crispy crumbed halloumi, hummus, wood-roasted peppers, tomato, red onion and chilli jam

### GF Chicken, Bacon & Avocado Burger 11.50

Buttermilk chicken, smoked streaky bacon, avocado, red onion, tomato, lettuce, roasted garlic mayo and burger sauce

### GF Beyond Cheese Burger v 12.95

Plant-based burger patty from Beyond Meat, with lettuce, tomato, pickled red onion, vegan smoked gouda cheese and chipotle mayo

### GF Ultimate Chicken Burger 12.50

Buttermilk fried chicken topped with smoked streaky bacon, American cheese, fried red onion, rocket, tomato, roasted garlic mayo and two hash browns with barbecue sauce

## TAPAS

SINGLE PLATE 4.25

TAPAS BOARD 11.95

Your choice of 3, served with gluten free bread

### GF Patatas Bravas v

with roasted garlic mayo

### GF Cheddar & Sweetcorn Fritters v

with chipotle chilli jam

### GF Hummus v

with extra virgin olive oil and sumac, served with gluten free bread

### GF Halloumi Sticks v

Crispy crumbed halloumi with chipotle chilli jam

### GF Guacamole v

with extra virgin olive oil, coriander and smoked paprika, served with gluten free bread

### GF Sticky Asian Chicken Wings

with sesame dressing, chives and spring onion

### GF Frank's Fiery Chicken Wings

with Frank's Hot Sauce, red chilli and spring onion

## CHEEKY MONDAYS

From 5pm

Buy any burger or main and get a glass (175ml) of house wine\* or any pudding for free!

\*other drink options available

## SIDES

Fries v 2.40  
with cheese v 3.10

### Sweet Potato

Fries v 3.50

House Slaw v 2.65

GF Roll v 1.65

Halloumi Sticks v 4.25  
with chipotle chilli jam

### Tenderstem

Broccoli v 2.95

with chilli & garlic

## PUDDINGS

GF Warm Chocolate Brownie v 5.50  
with vanilla ice cream and chocolate sauce

### GF Lounge Sundae v 5.95

- Brownie pieces and chocolate sauce
- Berry compote and raspberries

## CAKES

GF Dark Chocolate & Orange Torte v 3.50

GF Fruity Flapjack v 2.25

GF Chocolate Brownie v 2.95

## TAPAS TUESDAYS

From 5pm

3 tapas dishes and a glass (175ml) of house wine\* 11.95



\*other drink options available

## FROM OUR LOUNGE TO YOUR LOUNGE...

Our menu is now available to takeaway

## ORDER AND PAY

As an alternative to ordering at the bar you can now order your food and drinks using our mobile website.

No need to download an app, you can connect by scanning the QR code which you'll find on a postcard on your table.

Place your order and then check out using credit card, Apple, Google or Paypal.

## HEALTH PRECAUTIONS

Welcome back to a slightly different Lounge...

### What has changed?

- We have reduced capacity, creating space between tables and around the bar
- You can order and pay at your table on your phone
- Our menus are all single use
- Our team has been fully trained on new safe working measures
- Our cleaning, hand washing and hygiene procedures are more rigorous than ever and in line with guidance
- Our food is now available for takeaway for those more comfortable eating at home

### What hasn't changed?

- Our delicious, freshly cooked food and drinks
- Our friendly team
- Our unique atmosphere
- Our purpose in life: we exist to bring people together

## ALLERGIES

If you are ordering for someone who has a food allergy or intolerance please let us know.

Our Allergen Matrix is available on request and on our website. It shows which of the 14 legally declarable allergens are contained in every dish on our menu. Because our recipes sometimes change it is important you let us know about any allergies every time you order. Though we recommend that you check the Matrix yourself our team will always be happy to advise, particularly if your allergy is not covered.

We have strict procedures in place for taking and preparing allergen orders but you should be aware that allergenic ingredients are present on our premises and those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.

PLEASE SPECIFY VEGAN WHEN YOU ORDER  
as some dishes are variations of main menu items

## BRUNCH

Served all day

### Vegan Breakfast 7.95

Falafel, vegan bacon, hash browns, baked beans, slow-roasted tomato, button mushrooms, spinach & red peppers and toast

### Vegan Avocado Brunch 7.45

with lime, chilli, coriander and tomato on toasted ciabatta

### Vegan Bacon Butty 4.95

Vegan bacon on white or brown bread

### Vegan Toast 2.50

Two slices of white or brown toast with vegan spread and jam or marmalade or Marmite

*Rise & shine!*



## BREAKFAST CLUB

Mon-Fri until 12pm

Vegan Breakfast with a nice cup of tea or filter coffee 7.95

## SANDWICHES

Served with vegan house slaw

Add fries 1.65 Add sweet potato fries 2.75

### Vegan Falafel & Avocado Wrap 7.75

with hummus, guacamole, pickled red onion slaw and roasted red pepper sauce

### Vegan Roasted Sweet Potato Burrito 7.95

with black beans, guacamole, spicy chipotle rice, lettuce and tomato & chilli salsa

### Vegan BLT 7.95

Vegan bacon, lettuce, tomato and roasted garlic vegan mayo on white or brown bread



## SOUP OF THE DAY

with warm ciabatta 4.75

n contains nuts

## MAINS

### Vegan Falafel Salad 8.25

with roasted sweet potato, wood-roasted peppers, black quinoa, hummus, mixed leaves, French vinaigrette dressing, coriander and pomegranate molasses

### Vegan Bombay Sweet Potato & Lentil Curry 9.95

Spiced coconut curry sauce with roasted sweet potatoes, lentils and fried potatoes served with lime & coriander rice, spring onion and red chilli

### Vegan Mexican Superbowl 8.25

Black beans, guacamole, roasted sweet potato with pomegranate molasses, lime & coriander rice, wild rocket and tomato & chilli salsa

### Vegan Beyond Cheese Burger 11.95

Plant-based burger patty from Beyond Meat, with lettuce, tomato, pickled red onion, vegan smoked gouda cheese and vegan chipotle mayo in a brioche style bun, with vegan house slaw & fries or salad

## CHEEKY MONDAYS

From 5pm

Buy any burger or main and get a glass (175ml) of house wine\* or any pudding for free!

\*other drink options available

## TAPAS

SINGLE PLATE 4.25 TAPAS BOARD 10.95

Your choice of 3, served with ciabatta

### Vegan Patatas Bravas

with roasted garlic  
vegan mayo

### Vegan Guacamole

with extra virgin olive  
oil, coriander and  
smoked paprika,  
served with ciabatta

### Vegan Roasted Sweet Potato Taco

A soft tortilla with guacamole,  
lettuce, pickled red onion, red  
pepper ketchup, black beans  
and coriander

### Vegan Hummus

with extra virgin olive oil and  
sumac, served with ciabatta

## TAPAS TUESDAYS

From 5pm

3 tapas dishes and a glass (175ml) of house wine\* 10.95

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## SIDES

### Ciabatta 1.75

with olive oil and balsamic

### Fries 2.40

### Sweet Potato Fries 3.50

### Tenderstem Broccoli 2.95

with chilli & garlic

### Vegan House Slaw 2.65

## EXTRAS...

- Avocado 2.25
- Falafel 1.95
- Button Mushrooms 1.40
- Fried Red Onion 70p
- Slice of Toast 1.10
- Hash Brown 1.10
- Guacamole 90p
- Spinach 1.10
- Vegan Smoked Gouda Cheese 1.10
- Vegan Bacon 1.10

## CAKES

### Dark Chocolate & Orange Torte 3.50

### Fruity Flapjack 2.25

### Carrot Cake n 3.50

*Oooh go on them!*



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